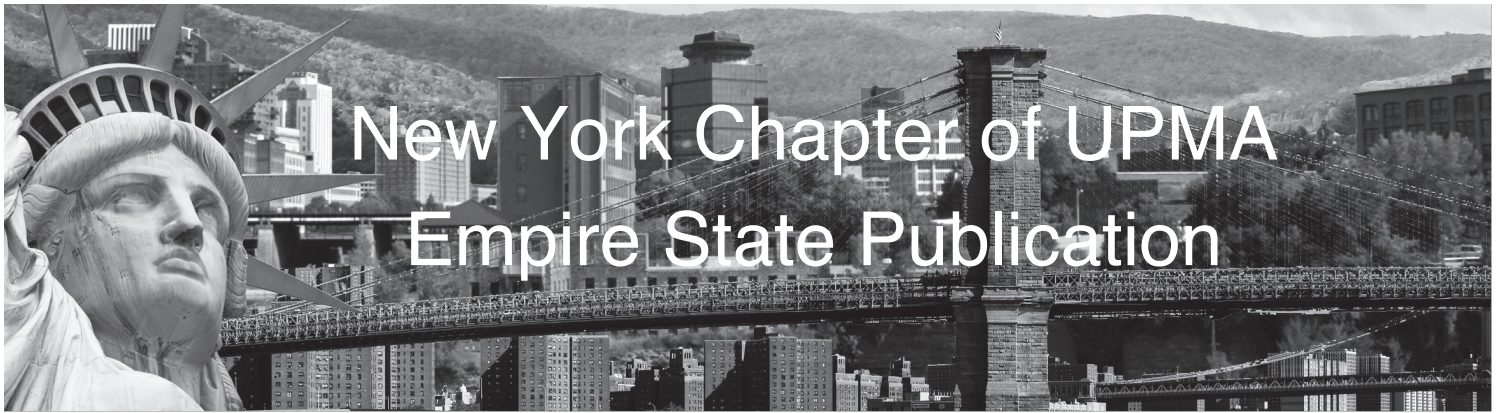




New York Chapter of UPMA Empire State Publication

Volume 2026 / Issue 2

April/May/June 2026

**In-person
Training**

**Auction/
Costume
Contest**

**See old
friends,
Meet new
friends**

Now Is The Time
To Register
For Your State Convention!



June 11-14 2026
Riveredge Resort
Alexandria Bay NY

Come For Knowledge!
Come For Networking !
Come For R & R!

\$300 Reimbursement- See Details On The
Registration Form!

Want to help out? Contact Donna or Cathy and ask how!

Donna 315-408-5165
Cathy 845-742-7774

**Up to date
information**

**Election of
Officers**

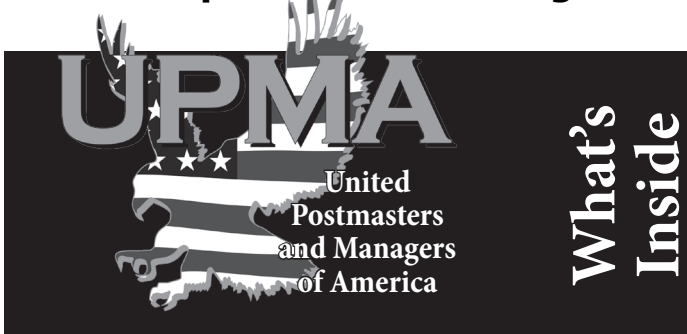
**Close to
Canada!**

Scholarships

Training

eCareer Assistance

Representation



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Page 6,12-15.....	Convention News
Page 18.....	Scholarship
Pages 22 - 27.....	Retiree News

NEW YORK CHAPTER

The (ESP) Empire State Publication UPMA (United Postmasters and Managers Association), [USPS 175-740] is published bimonthly by the New York State Chapter of United Postmasters and Managers Association of America (UPMA), 727 Crawford Ave., Syracuse, NY 13224. The subscription rate is paid for from the membership dues. Periodical postage paid at Salamanca, NY and additional mailing offices. Publication content and opinions expressed herein are those of the authors only and do not necessarily reflect the views of UPMA. The Editor reserves the right to edit articles for length and to conform to the publication's editorial style. Deadline for the ESP is the closest Sunday to the 10th of each month prior to the date of issue. Notice to Postmasters: Please send all address labels clipped from undeliverable copies, along with USPS Form 3579, to (ESP) Empire State Publication UPMA, 727 Crawford Ave., Syracuse, NY 13224.

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Postmaster General David Steiner Calls for Reform to Strengthen Postal Service

At the 2026 UPMA Legislative Summit, Postmaster General, David Steiner, addressed postal leaders from across the country, outlining the challenges facing the United States Postal Service and the steps needed to ensure its long-term stability.

Steiner emphasized the critical role of postmasters and managers, describing them as frontline leaders who keep the Postal Service operating and connected to communities nationwide. He noted that in many areas, especially rural communities, the Post Office serves as a vital link for residents, businesses, and essential services.

The Postal Service delivers to more than 160 million addresses and supports commerce, elections, and the delivery of medications, while also serving as a key part of the nation's infrastructure during emergencies. Despite these responsibilities, USPS operates largely as a self-funded organization in a rapidly changing market.

Steiner acknowledged that the organization has made progress in recent years through modernization efforts, infrastructure investments, and improved operational performance. However, he warned that financial pressure remains significant.

Over the past 15 years, USPS has lost approximately 110 billion pieces of mail volume, representing an estimated \$86 billion in lost revenue. Steiner stated that no private organization could absorb such a loss without

major structural changes.

He highlighted the need for legislative and regulatory reforms, including increasing the Postal Service's \$15 billion borrowing limit, modernizing pension and workers' compensation systems, updating pricing flexibility, and improving retirement fund investment options.

Steiner stressed that these changes are not bailout requests but necessary updates to allow the Postal Service to operate effectively in today's environment.

He also emphasized that long-term success would require growth and innovation, not just cost reductions. By leveraging its nationwide network, trusted brand, and last-mile delivery capabilities, USPS can continue to expand its role in the logistics and communications marketplace.

The Postmaster General reaffirmed the organization's commitment to universal service while noting that policymakers must align that mission with a financially sustainable model.

Steiner concluded by highlighting the importance of leadership, safety, and workplace culture, stating that strong leadership at the local level will be critical to the Postal Service's future success.



NEWS FROM THE PRESIDENT'S DESK

The State Convention this year will be at the Riveredge Resort in Alexandria Bay from June 11th - 14th. A reception will be held on the evening of the 11th, meetings on the 12th and 13th and travel home on the 14th. You will hear from an Atlantic National Vice President on our current affairs, have training from our own Joni Montroy on everything to do with retirement and also have training on different CRDO components that are helpful in increasing your NPA.

Elections will be held for the State Chapter Member Representative VP, Legislative VP and Secretary/Treasurer and for the National office of Secretary/Treasurer and VP candidates for the National East VP position. Bylaws for the National and State will be voted on as well. The proposed Bylaws are listed for both the State (page 5) and National (pages 12 - 13) to review.

Remember the National Convention this year is in Puerto Rico, August 1st-7th at the El Conquistador Resort. The incentive in the form of reimbursement is \$1000.00 to attend the convention sessions. More info is available on the national website – unitedpma.org

There are many rumors out there on many different attributes that are said to be happening. Unless you read it from the National Office email blasts, we have not been apprised or briefed on them. Don't feed off of them. I just returned from Washington and the position paper of items we were advocating for on the hill is printed in this issue of the ESP.

Dan Leonard
President, NY UPMA



Come Join Us
in Alex Bay



Incentives

State Convention - \$300. reimbursement

National Convention - \$1000. reimbursement

Article XIX – Amendments

All proposed amendment(s) must be submitted in writing to the Chapter president at least sixty (60) days prior to the opening of the annual Chapter convention. The proposed amendment(s) shall be published in one or more ways using the State publication and or Website at a minimum prior to the convention. These bylaws may be amended at any convention of the chapter by a 2/3 vote of the delegates present and voting or if the State Convention is cancelled by 2/3 vote of the electronic returns, mail in vote returned or combination thereof. The Executive Board will decide the proposed method. Any proposed amendment(s) shall be read at one session of the convention or electronic meeting and voted on at a subsequent session with the opportunity to mail in their vote or electronically submit as the Executive Board had decided on the method. A deadline date would be imposed at that time depending on the current concerns of not having a convention. These amendments shall become effective immediately upon the adjournment of the convention unless otherwise specified in the amendment.

When proposing changes, although they are not required, be sure to include all sections affected by the proposed change and why the change is needed. Show current writing and proposed writing.

Changes being submitted to be voted on. Submissions considered through 4/12/26

Proposed Change to be voted on at State Convention:
Current

Article VII REPRESENTATION & VOTING AT STATE CONVENTION

Voting will be done by one vote per active member present, with the exception of Time and Place and Dues structure where all members present can vote.

All members must be registered and present at the Convention to be considered to be nominated and voted on for any position. Any exception to this rule must have had an announcement published in the ESUPMA or a letter to the President emailed or hand delivered by them as their intent to run prior to the start of the Convention.

Additional or other nominations shall be made from the floor, if seconded and approved, and shall be included with the list of recommendations made by the nominating committee for determining by ballot, of those present and qualified to vote in said election. If there shall be more than two nominations for any office, balloting shall continue until one candidate receives a majority of the votes cast.

If there is a tie vote for any position, the position will be decided by a separate Executive Committee session where a majority vote will decide. If there still is a tie after this the President or (Executive Vice President if in the capacity of acting President) will cast the deciding vote.

With the exception of the positions of President and Executive Vice President, which shall be limited to active EAS members in good standing of the organization, retired Postmasters, retired EAS employees and Postmaster Reliefs shall be permitted to hold office in this chapter provided they are

present at the meeting where the vote will be taken and that no other active EAS member seeks the office. Any active member who is an officer of this chapter, who during their term shall resign or be removed for any cause whatsoever, from the position that qualified them for active membership, shall immediately become ineligible to hold office and their office shall be declared vacant.

If there are no candidates to elect for the position of President or Executive Vice President and the position or positions are vacant the Executive Board will appoint a candidate or share the responsibility until the position can be filled.

If the Executive Board elects to have an Electronic or mail in option as well as in person, procedures for that will be followed as set up by the Executive Board.

Proposed

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If there are no candidates to elect for the position of President or Executive Vice President and the position or positions are vacant the Executive Board will appoint a candidate or share the responsibility until the position can be filled.

If the Executive Board elects to have an Electronic or mail in option as well as in person, procedures for that will be followed as set up by the Executive Board.

2026 NY UPMA STATE CONVENTION AGENDA (Subject to change)

Thursday June 11th

5:00 – 7:00pm Registration
5:00 – 7:00pm Executive Pre-Convention Board Meeting & audit to include District Coordinators
7:30 - 9:00 pm Welcoming Cocktail Reception / Entertainment
9:00 - 11:00pm Hospitality Room Open Room

Friday, June 12th

6:45-7:45am Breakfast Buffet
7:30 am - 12 pm Registration
7:45 am- Door Prizes Main Session
8:00 am -12:00pm General Session
Call to Order
Invocation
Posting of the Colors
Pledge of Allegiance
Convention Announcements Donna/Cathy
Convention Rules
Welcoming Remarks & Recognition of special guests and past Presidents – Dan Leonard
Welcoming Remarks Keith Miner, NYS Retirees President
Welcoming Remarks Retiree Area 2
PAC announcement
Elected positions announced for National VP East (to be voted on Saturday)
Candidates National Vice President East (5 min. ea.)
State Positions up for election – VP CMR, VP Legislative, Secretary Treasurer
State Bylaws proposed.
Time and Place State areas of interest for 2029
Convention Announcements/large prize drawn
Break
9:45am – 11:45am Keynote Speaker – National TBD
Introduction of First Timers
12:00pm Lunch Provided
1:00pm – 4 Training Retirement Seminar
4:00-5:00 Q&A Program instruction, knowledge assistance
6-7pm, 10 - 11:00pm Hospitality Room
7:00pm – 10:00pm Auction



Saturday June 13th

6:45-7:45am Breakfast Buffet
7:30 am - 12 pm Registration
7:45 am- Door Prizes Main Session
8:00 am -12:00pm General Session
8:00am Call to Order
Memorial Service
State Time & Place vote
Retiree members meeting (held separately)
State By-Law vote
Election of officers, nominations and voting for State positions
National Bylaw vote
National VP East vote
09:45 Break
10:00 or when Retiree meeting is done Officer Reports
President Dan Leonard
Retiree President Keith Miner & Veterans advocate
Retiree Area 2 Rep
Secretary-Treasurer, Dan O'Neil, (Budget & incentives for year, Audit report)
Scholarship report Carol Commisso
PAC announcement
Convention Announcements/large prize drawn
Exec VP report Membership James Mosher
Vice President Education & Development Lea Becker
Vice President Legislative, Rachel Barber-Forest
Vice President PAC, Jennifer Hayes
Vice President Chapter Member Representative, Kristine Lion
Webmaster - Robert Holterman
Editor, Heidi Freeman
Registration, Maureen Wratten
Unfinished Business
New Business
Benediction,
Retiring of the Colors – Veterans
12:00 Lunch provided
1:00 -3:00 Training TBD CRDO PROGRAMS instructions
3:30 – 4:30 pm Post Board Meeting Executive Board, District Coordinators, and all appointees meeting
3:30 – 5:00 Hospitality Room
5:15 pm Pictures
5:30-6:00pm Cash Bar Open
6:00pm Banquet

Sunday, June 14th

Breakfast – Hotel continental only
Check – Out by 12:00pm ***Travel Home Safely!***
This agenda is subject to change.

In the heart of the
Thousand
Islands





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We have sprung ahead and are approaching brighter, longer days. Although it may cost an hour of sleep, it brings the rewards of extended daylight, outdoor activities, social gatherings, and a renewed sense of energy.

It also brings us into the days of the Legislative Summit. A time to come together as an organization and have our voices heard. A time to engage with policymakers and discuss issues affecting the postal service. This time serves as a platform for networking, discussion, and advocacy.

UPMA advocates for its members through its bi-partisan Political Action Committee(PAC). A strong PAC allows UPMA to develop relationships with Legislators and advance our priorities. PAC is funded by voluntary contributions made by UPMA members. The outcome of political elections can affect our legislative agenda and by contributing to PAC it helps us to form our relationships with Congress.

When we show up and contribute we demonstrate that our service and issues matter.

They affect over 600,000 employees, families, and communities. You can help protect and strengthen the postal service and UPMA.

Our legislative issues this year consisted of:

1. Privatization
2. Federal Retirement Fairness Act (H.R.1522)
3. Title 39 reform (H.R.7600)
4. Postal Employment Appeal Rights (H.R.1559)
5. Equitable Cost of Living Adjustments (H.R.491)
6. Protecting Postal Workers (H.R.2095)
7. Reliable Postal Service- Protect Postal Performance Act (H.R.2103)
8. Increasing our borrowing cap
9. As members we oppose any measures that would reduce our benefits for active or retirees.

This year on the hill did not disappoint. We had a great showing but can always use your smiling face. As a bonus this year we had a mixer event near the hill where the Senators and Congressman stopped in and gave us their support. After a day of pushing our agendas, forming connections, and planting seeds to grow, it was a great ending to the day to see our nation's leaders show up in support of us! It was a great sense of pride to be a part of that event and all for just showing up.

The PMG also showed up and spoke to us before his big day on the hill in which he testified to Congress. He spoke on the state of the Post Office and some issues that need immediate addressing. Mostly our cash crisis due to outdated constraints and rules. The Postal Service has lost 86 billion in revenue over the years. Some areas the PMG sees room for reform in is workers comp, means to modernize pricing and modernizing retirement. Of our approximate 33,000 post offices about 80% are non-profitable. The question remains as to what is more important. Are we to turn a profit or remain a service to the American people? If we are to remain a service there are costs associated with that.

I encourage all of you to come along with us. Be part of our transformation and help us show our commitment to our organization.

Our next event is the State Convention which will be held in Alexandria Bay June 11-14. Come for a day or the whole stay. I hope to see you there and should you need more information or have questions regarding UPMA please reach out!





UNITED POSTMASTERS AND MANAGERS OF AMERICA

2025 UPMA Legislative Issues Brief

Postal Governance, Service and Delivery

The United Postmasters and Managers of America (UPMA) strongly supports needed reforms to improve the operations and financial health of the USPS. As an organization dedicated to advocating for postal leaders and ensuring the long-term viability of the Postal Service, UPMA recognizes the critical importance of achieving financial sustainability while maintaining and improving service excellence.

UPMA stands behind the leaders who focus on modernizing operations, protecting workers' safety and job stability and expanding delivery capabilities to meet transitioning volume demands of our customers. By investing in employees and fostering innovation, the plan aligns with UPMA's mission to empower postal leaders and strengthen the Postal Service's ability to fulfill its universal service commitment. UPMA remains engaged in supporting policies and initiatives that reinforce operational efficiency, enhance reliability and secure the financial future of the Postal Service for generations to come.

UPMA believes that performance improvement must be fact-based and transparent. We support the bipartisan Protect Postal Performance Act introduced by Reps. Nikki Budzinski (D-IL), Jack Bergman (R-MI), Harriet Hageman (R-WY) and Jared Golden (D-ME).

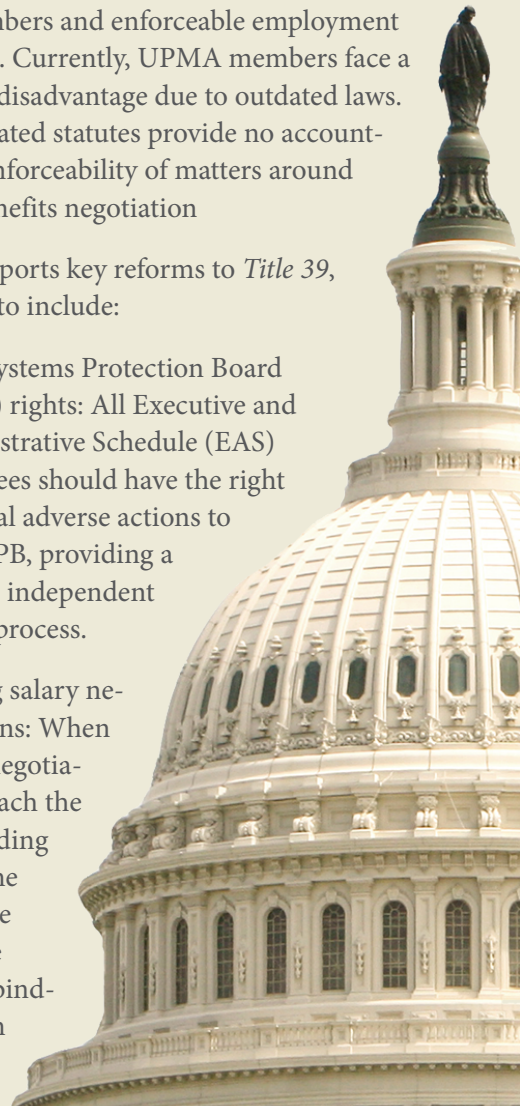
Title 39 Reform

UPMA is working to advance legislative reforms and updates to *Title 39* to ensure fair treatment of our members and enforceable employment protections. Currently, UPMA members face a significant disadvantage due to outdated laws. These outdated statutes provide no accountability or enforceability of matters around pay and benefits negotiation

UPMA supports key reforms to *Title 39*, U.S. Code, to include:

- Merit Systems Protection Board (MSPB) rights: All Executive and Administrative Schedule (EAS) employees should have the right to appeal adverse actions to the MSPB, providing a fair and independent review process.
- Binding salary negotiations: When salary negotiations reach the fact-finding stage, the outcome must be legally binding with

(continued on next page)



accountability measures to ensure implementation.

- **Interim pay protections:** To prevent long delays in pay adjustments outside the control of the USPS and Title 39-impacted employees, UPMA and *Title 39*-recognized employees should have the choice to enter into interim pay package negotiations until a final negotiation can be resolved.

Federal Retirement Fairness Act H.R. 1522

UPMA fully supports the bipartisan Federal Retirement Fairness Act introduced by Reps. Gerry Connolly (D-VA), David Valadao (R-CA), Nikki Budzinski (D-IL) and Don Bacon (R-NE). Many postal employees and managers have faced the challenge of lost retirement contributions due to temporary employment status at the beginning of their career.

By allowing these employees to make catch-up contributions, this bipartisan legislation provides a long-overdue solution that enables them to retire on schedule with full benefits. UPMA is committed to advocating for policies that protect and enhance the financial security of postal employees. The Federal Retirement Fairness Act is a critical step toward ensuring equitable retirement opportunities for all federal workers.

Budget Reconciliation Impact

The House Budget Resolution seeks \$50 billion in savings from agencies under the House Oversight and Accountability Committee's jurisdiction. These reductions could potentially come from current retirees, benefits (FERS) and/or Federal Employees Health Benefits (FEHB) and Postal Service Health Benefits (PSHB). These fiscal targets raise serious concerns about potential threats to postal workers' earned pay and benefits. UPMA strongly opposes any policies that negatively affect compensation and job security for its members.

Postal Board of Governors

UPMA strongly supports a fully appointed Postal Board of Governors and urges the Senate to move swiftly in confirming qualified nominees. A complete and functional board is essential for providing the leadership and oversight needed to ensure the financial stability, operational efficiency and long-term success of the Postal Service.

Delays in confirmations hinder the board's ability to make critical decisions affecting service reliability, workforce policies and strategic planning. UPMA advocates for a Board of Governors that understands the unique challenges facing the Postal Service and is committed to strengthening its universal service mission.

Privatization

UPMA strongly opposes any efforts to privatize the United States Postal Service as such a move would threaten the core mission of the USPS and undermine its ability to serve all Americans. Privatization could eliminate the universal service obligation, jeopardizing affordable and reliable mail service, particularly for those in rural and underserved communities.

Privatization could also put an end to six-day mail delivery on which millions of businesses and households rely and significantly weaken package delivery networks. The Postal Service is a vital public institution that was created in the U.S. Constitution—not a profit-driven corporation.

Privatization would prioritize financial gains over the needs of the American people. UPMA remains committed to fighting against any attempts to dismantle the USPS and will continue advocating for policies that protect its public service mission.

UPMA supports H.Res. 70, which urges Congress to preserve the United States Postal Service as an independent federal entity and oppose any efforts to privatize it.



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Are You Prepared for the Future?

How the UPMA KSA Team Sets You Up for Success

In the Postal Service, change is the only constant. Whether it is a shift in organizational structure, new technology, or evolving leadership roles, the key to staying ahead is simple: Be prepared before you have to be. One of the most powerful tools in your professional arsenal is a strong set of Knowledge, Skills, and Abilities (KSAs). Whether it's translating 20 years of expertise into a few paragraphs or developing an acting Supervisor's skill set into KSAs, it can be a daunting task. That is where the UPMA KSA Team comes in.

Many Supervisors and Postmasters fall into the trap of writing their KSAs as a list of daily duties. While being a "doer" is important, the Postal Service's selection committees are looking for demonstrated ability. The UPMA KSA Team helps you bridge that gap by taking your real-world experience and putting it onto paper in a way that highlights your impact, not just as an itinerary.

To stand out, your KSAs must be structured for maximum clarity and evidence. The KSA Team provides personalized, one-on-one coaching to help you frame your achievements using the STAR Method:

- **Situation:** The specific challenge or context you faced.
- **Task:** What was required of you at that

moment?

- **Action:** The specific, data-driven steps **you** took to solve the problem.
- **Result:** The quantifiable outcome (e.g., "Reduced 2080 risk by 45%" or "Increased scanning to 99.5%").

By using this format, you aren't just telling a story—you are providing proof of your competency.

Why Now? Waiting for a job posting to appear before updating your KSAs is a reactive strategy. The most successful leaders are proactive. By working with the UPMA KSA Team now, you ensure that when a new opportunity or organizational change arises, your profile is polished, professional, and ready for submission.

Get the Support You Deserve The UPMA is more than just a member organization; it is a resource for your career longevity. Don't let your years of hard work go unrecognized because of a formatting error or a lack of specific data. Reach out to the KSA Team today and let us help you turn your experience into your next promotion.

As Jack Welch said, "Change before you have to." Start your KSA today.



Carol Commisso
Retired PM Fishers
11 Ambassador Dr.
Victor, NY 14565



Scholarship Chair
585-905-5164
ccommisso12@gmail.com

FREE MONEY!!

This is not a scam! A NY UPMA scholarship is free money for your child or grandchild. This may not reach you by the April 10th deadline for submitting applications but, if it doesn't, be sure to keep it in mind for next year. The applications are printed in the ESP, available on our website, and just have to be postmarked by the 10th, or submitted electronically by that date. I'd like to thank Cathy Winnie for helping get the word out to remind our members about this opportunity.

NY now has three different scholarship funds with four different categories of awards, and the state has approved TEN scholarships totaling \$14,500, to be given out this year. Criteria for applying differs somewhat, so here's a quick guide.

- **Frank and Helen Burger Scholarship** only available to the child or grandchild of a Postmaster, or Postmaster Retired. Three \$1000 awards to be given.
- **Edwin D. Jennison Sr. Memorial Scholarship** available to the child or grandchild of a Postmaster, Postmaster Retired, EAS or Associate Member Three \$500 awards.
- **NY UPMA Alice Phelps Scholarship** available to the child or grandchild of a Postmaster, Postmaster Retired or EAS member. Three \$2500 awards for high school seniors, and three \$2500 awards to students currently enrolled in a college or trade school*

All of the scholarships are for graduating seniors in high school attending college OR trade school, and the parent or grandparent of the applicant must be a current UPMA member. ***There is an additional Alice Phelps Scholarship for students already enrolled in college or trade school, and this application form is separate from the one for high school seniors.**

I encourage students to apply for ALL of the scholarships they are eligible for. Once all of the applications are received I gather a committee of 3-4 people not involved in UPMA to review them and select the winners. The committee consists of two retired public school teachers, a retired college professor and a retired bank official and they use a matrix with points assigned to each of the application requirements. When they have made their selections, I notify the winners and invite them to attend our state convention banquet to receive the award in person if possible. All winners are announced at the State Convention and checks are sent out upon my return home.

This is a great benefit for our members with children or grandchildren who can take advantage of it. With costs continuing to rise why would you turn down free money?

*There is still time to apply for the
UPMA National Scholarship at
unitedpma.org OR
see page 18*

Proposed Change to the National Bylaws #1

Convention Year: 2026	Article: V, Section 4
Description: Adds language that requires the National Executive Board to adopt a balance budget and if they are not able to do so they must have a town hall meeting to explain how they plan to achieve a balanced budget, as soon as possible.	

Rationale: As an organization, we should have sufficient resources to be able to balance the budget and manage those resources to maintain member services, or make the necessary program adjustments to get to a balanced budget.

Submitted By: Jeff Jarrett, Indiana Chapter; Tania Cason, California Chapter; Katie Evertsen, Utah Chapter; Jim Maher, Missouri Chapter.

To amend Article V, Section 4 by adding the word “balanced” in the first sentence after annual and add a new second sentence that reads, “If they cannot adopt a balanced budget, the president and board shall host a town hall meeting for the membership to explain why and present their plan to balance the budget as soon as possible.”

Existing Provision	Provision With Proposed Changes
Article V, Section 4 The National Executive Board shall adopt an annual budget. It shall arrange for and pay premium on bonds sufficient to cover indemnity of National Officers and employees authorized to receive and disburse funds. It shall provide for internal control and audit. It shall further provide for an annual audit of all financial records by a Certified Public Accountant. The full report shall be provided to Organization members upon request. The summary financial report of such audit shall be published in an official publication of the Organization.	Article V, Section 4 The National Executive Board shall adopt an annual balanced budget. If they cannot adopt a balanced budget, the president and board shall host a town hall meeting for the membership to explain why and present their plan to balance the budget as soon as possible. It shall arrange for and pay premium on bonds sufficient to cover indemnity of National Officers and employees authorized to receive and disburse funds. It shall provide for internal control and audit. It shall further provide for an annual audit of all financial records by a Certified Public Accountant. The full report shall be provided to Organization members upon request. The summary financial

Proposed Change to the National Bylaws #2

Convention Year: 2026	Article: V, Section 5
Description: To specify the number of issues of the national magazine that shall be published during a fiscal year.	
Rationale: It is important that the membership understand on an ongoing basis how many issues of the magazine they will receive by mail.	
Submitted By: Katie Evertsen, Utah Chapter; Jeff Jarrett, Indiana Chapter; Tania Cason, California Chapter; Jim Maher, Missouri Chapter.	

To amend Article V, Section 5, to add the language after the word publish that says, “ten (10)” and by adding the words after the third word magazine that reads, “with no more than four (4) issues to be printed and mailed each fiscal year.”

Existing Provision	Provision With Proposed Changes
Article V, Section 5 The National Executive Board shall direct the National President to have published an official magazine of the Organization, as a magazine of record, and take whatever action is necessary to publish said magazine. The editorial policy shall be formulated and controlled by the National Executive Board. Annual financial and other reports shall be included in its pages.	Article V, Section 5 The National Executive Board shall direct the National President to have published an official magazine of the Organization, as a magazine of record, and take whatever action is necessary to publish ten (10) issues of said magazine with no more than four (4) issues to be printed and mailed each fiscal year. The editorial policy shall be formulated and controlled by the National Executive Board. Annual financial and other reports shall be included in its pages.

Proposed National Bylaw Changes to be voted on at State Convention

Proposed Change to the National Bylaws #3

Convention Year: 2026	Article: III, Section 2
Description: Clarify who is allowed to run for officer positions within the UPMA organization both at the national and chapter levels.	

Rationale: To serve in a leadership position in the UPMA organization it is imperative that the loyalty of the person is only holding office in one management association.

Submitted By: Jim Maher, Missouri Chapter; Jeff Jarrett, Indiana Chapter; Katie Evertsen, Utah Chapter; Tania Cason, California Chapter.

To amend Article III, Section 2, to add the language “Any individual seeking an officer position within UPMA at either the national, or chapter, level may not hold an officer position in any other management association recognized by the United States Postal Service.” after the sentence ending with the word “place”.

Existing Provision	Provision With Proposed Changes
Article III, Section 2 All individuals wishing to be elected to the positions of National President, National Secretary-Treasurer and National Vice President shall be a member in good standing and shall nominate themselves in writing conveyed to the National Office between 30 days prior to the National Convention held one year before the election is scheduled to take place and March 1 of the year in which the election is scheduled to take place. Except as provided in the next sentence, no nominations will be in order after that date or on the convention floor when the election is to take place. However, if a candidate, or candidates, dies, becomes incapacitated, or withdraws their candidacy and there are at the time no candidates for an office, then nominations may be conveyed to the National Office up to the time during the National Convention at which the election takes place. In the event a member is, or has been, censured, suspended or removed from office; for any reason they shall never be eligible to run for office or hold a position at the UPMA National Office. 2025	Article III, Section 2 All individuals wishing to be elected to the positions of National President, National Secretary-Treasurer and National Vice President shall be a member in good standing and shall nominate themselves in writing conveyed to the National Office between 30 days prior to the National Convention held one year before the election is scheduled to take place and March 1 of the year in which the election is scheduled to take place. Any individual seeking an officer position within UPMA at either the national, or chapter, level may not hold an officer position in any other management association recognized by the United States Postal Service. Except as provided in the next sentence, no nominations will be in order after that date or on the convention floor when the election is to take place. However, a candidate, or candidates, dies, becomes incapacitated, or withdraws their candidacy and there are at the time no candidates for an office, then nominations may be conveyed to the National Office up to the time during the National Convention at which the election takes place. In the event a member is, or has been, censured, suspended or removed from office; for any reason they shall never be eligible to run for office or hold a position at the UPMA National Office. 2025

Received February 25, 2026
Articles and Bylaws Committee:
National Executive Board voted to:

(Continued on next page)

Proposed National Bylaw Changes (Continued from previous page)

Proposed Change to the National Bylaws #4

Convention Year: 2026 Article: III, Section 4

Description: This proposed change would clarify whether, or not, an individual serving as national president is eligible to succeed themselves, or not.

Rationale: In the event there is a vacancy in the office of national president during the elected individual's term of office and there needs to be a special election this language would define whether, or not, the person elected in a special election is eligible to run during the next scheduled election for president.

Submitted By: Jeff Jarrett, Indiana Chapter; Jim Maher, Missouri Chapter; Tania Cason, California Chapter; Katie Evertsen, Utah Chapter.

To amend Article III, Section 4, to add the language at the end of the second sentence that says, "unless the individual has been elected in a special election due to a vacancy in the office of president and the person serving as president has been serving less than two full years. No incumbent president seeking election shall be eligible to receive travel orders to any chapter conventions during the year they are running for reelection. (See Article VI, Section 1)"

Existing Provision	Provision With Proposed Changes
Article III, Section 4 The term of office for the National President shall be three (3) years and until his or her successor is elected. An incumbent National President may not seek re-election to a consecutive term.	Article III, Section 4 The term of office for the National President shall be three (3) years and until his or her successor is elected. An incumbent National President may not seek re-election to a consecutive term unless the individual has been elected in a special election due to a vacancy in the office of president and the person serving as president has been serving less than two full years. No incumbent president seeking election shall be eligible to receive travel orders to any chapter conventions during the year they are running for reelection. (See Article VI, Section 1).

Proposed Change to the National Bylaws #5

Convention Year: 2026 Article: IV, Section 1

Description: This proposed change would add clarifying language regarding who is eligible to run in the event there is a vacancy in the office of national president and what would constitute an unexpired term of office to determine if the person elected in the special election can run in the next election.

Rationale: In the event there is a vacancy in the office of president and the person serving as president following a special election, that person should be eligible to run for the office in the next election if they have been serving the unexpired term for less than two years.

Submitted By: Jeff Jarrett, Indiana Chapter; Jim Maher, Missouri Chapter; Tania Cason, California Chapter; Katie Evertsen, Utah Chapter.

To amend Article IV, Section 1, by adding language at the end that says, "The Executive Vice President serving the current vacancy shall be eligible to run for the unexpired term. In the event the unexpired term is less than two years, the individual winning the special election shall be eligible to run for president during the next scheduled election. No incumbent president seeking election shall be eligible to receive travel orders to any chapter conventions during the year they are running for reelection."

Existing Provision	Provision With Proposed Changes
Article IV, Section 1 In case of a vacancy in the office of President, the Executive Vice President shall succeed to the position until the next annual National Convention, at which time an election shall be held to fill the unexpired term.	Article IV, Section 1 In case of a vacancy in the office of President, the Executive Vice President shall succeed to the position until the next annual National Convention, at which time an election shall be held to fill the unexpired term. The Executive Vice President serving the current vacancy shall be eligible to run for the unexpired term. In the event the unexpired term is less than two years, the individual winning the special election shall be eligible to run for president during the next scheduled election. No incumbent president seeking election shall be eligible to receive travel orders to any chapter conventions during the year they are running for reelection.

Received February 25, 2026
Articles and Bylaws Committee:
National Executive Board voted to:

Proposed Change to the National Bylaws #6

Convention Year: 2026 Article: II, Section 4c

Description: To clarify language covering chapters that have separate secretary and treasurer positions.

Rationale: Last year we passed the bylaw change allowing retired EAS members to run for the position of chapter secretary-treasurer even if an active person seeks the position.

Submitted By: Tania Cason, California Chapter; Jim Maher, Missouri Chapter; Katie Evertsen, Utah Chapter; Jeff Jarrett, Indiana Chapter.

To amend Article II, Section 4c by adding the language "or secretary or treasurer if the chapter has these offices as separate positions" after the words Secretary/Treasurer.

Existing Provision	Provision With Proposed Changes
Article II, Sec. 4c c) elect a president, one or more vice presidents, a secretary-treasurer and such other officers as provided by the Chapter bylaws (with the exception of President or Executive Vice President, any Chapter office may be filled with a member in good standing of retired Postmasters, retired EAS or a Postmaster Relief provided no active EAS member seeks the office; with the exception of the office of Chapter Secretary-Treasurer when a retired postmaster or retired EAS may run for the office even if an active member is seeking the position.) Only active members will be included in the casting of ballots for all chapter officer positions.	Article II, Sec. 4c c) elect a president, one or more vice presidents, a secretary-treasurer and such other officers as provided by the Chapter bylaws (with the exception of President or Executive Vice President, any Chapter office may be filled with a member in good standing of retired Postmasters, retired EAS or a Postmaster Relief provided no active EAS member seeks the office; with the exception of the office of Chapter Secretary-Treasurer, or Secretary or Treasurer if the chapter has these offices as separate positions , when a retired postmaster or retired EAS may run for the office even if an active member is seeking the position.) Only active members will be included in the casting of ballots for all chapter officer positions.

Proposed Change to the National Bylaws #7

Received February 25, 2026

Convention Year: 2026 Article: VI, Section 5a

Description: This proposed change would clarify how the number of votes that the members of UPMA Retired and Associate Members attending the convention are entitled to when casting roll call votes during the convention's general sessions.

Rationale: The current language in the bylaws is ambiguous on this matter and there needs to be a clear understanding by all those in attendance at the convention regarding how many votes may be cast on those items that these members are entitled to vote on during roll call votes in the convention's general sessions.

Submitted By: Tania Cason, California Chapter; Jim Maher, Missouri Chapter; Katie Evertsen, Utah Chapter; Jeff Jarrett, Indiana Chapter.

To amend Article VI, Section 5 a) by adding the following language at the end of the section which states, "The number of votes they are entitled to shall be determined by the credentials committee report given during the opening business session of the convention."

Existing Provision	Provision With Proposed Changes
Article VI, Section 5a a) UPMA Retired and Associate members shall be entitled to vote on floor votes for time and place selection of future National Conventions and on amendments to Article I, Section 3. They shall be entitled to one vote for each member registered and in attendance at the National Convention.	Article VI, Section 5a a) UPMA Retired and Associate members shall be entitled to vote on floor votes for time and place selection of future National Conventions and on amendments to Article I, Section 3. They shall be entitled to one vote for each member registered and in attendance at the National Convention. The number of votes they are entitled to shall be determined by the credentials committee report given during the opening business session of the convention.



A few details you may want to know about your convention place this year from
Donna & Cathy



Alexandria Bay

Many local restaurants in walking distance
Within a half mile: 2 banks-a hospital-post office
Within 5 miles: Wineries-Distilleries-State Parks
Within 10 miles to Canada

The Riveredge Resort amenities:
On site restaurant,bar,gift shop,atm
Indoor pool,exercise room
All rooms have a refrigerator, coffee
maker, balcony
Call 315-482-9917 for any other
questions

Prepare now to have a good
experience at your convention!
Make your reservation!
Bring your auction item! (Ask if you
don't know 😊)

Want to help out?
Ask to be on a committee
Banquet, door prizes,etc!

We have few fun activities planned so watch our Facebook page
for more details :New York State UPMA

See You There June 11-14!

The 10th Annual NY Chapter of United Postmasters & Managers of America

Convention June 11th-14th, 2026

Alexandria Bay, NY 13607

Official Registration Form

Please complete one application per
registrant



Additional Information about the convention and the registration form will be posted on
NEW YORK STATE UPMA FACEBOOK PAGE AND AT NYUNITEDPMA.ORG

First Name: _____ Last Name: _____

Title:

- ☐ Postmaster
- ☐ Supervisor
- ☐ Manager
- ☐ OIC
- ☐ Associate (Craft)
- ☐ Postmaster Retired
- ☐ Supervisor Retired
- ☐ Manager Retired
- ☐ Guest
- ☐ Auxiliary
- ☐ Veteran
- Branch: _____

First name (nickname for your badge): _____

Post Office You Represent/ed: City: _____ Zip: _____

Home Address: _____

City: _____ State: _____ Zip: _____

Phone/s: _____

E-mail: _____

First Timer/Retired First Timer: ☐ Yes ☐ No

Are You Attending?

Saturday Banquet ☐ Yes ☐ No

Registration Fees:

One day registration Retiree's \$37.50

One day registration All others \$50.00

Full registration \$75.00 Actives & Guests, Retiree's \$56.25 & Guests

Registration includes :

Thursday Welcome with cash bar and hors d'oeuvres 7:30-9:00

Includes: 2 Breakfasts and 2 Lunches

Saturday Night Banquet

"Please check box to verify Attendance to Saturday Nights Banquet".

Convention Meeting June 12th & 13th 8am – 5pm

Payment information: Convention fee: \$ _____

Hotel Website

<https://riveredge.com/>

Registrations postmarked after 5-12-26 will be an additional \$25.00 Late Fee

Send check or money order payable to **NY UPMA**

Mail to **by May 24, 2026**

Maureen Wratten,

1108 Mason Rd., Waterville, NY 13480.

Questions: Call 315-525-2822 or email jmwratten@yahoo.com

Riveredge Resort

17 Holland St,
Alexandria Bay, NY 13607
(315) 482-9917

Contact hotel directly
for reservations.

Room rates each night:

Standard King Bed - **\$134.00**

Standard Double, Double Bed- **\$134.00**

Group code for reservation is:

NY UPMA STATE CONVENTION

Reservation deadline:

May 11, 2026

INCENTIVES

\$300.00 per person if they stay at the
Riveredge and attend the sessions.

First Timers will have their Registration
refunded after attending the
convention.



JOIN TODAY
EAS GET ONE YEAR
FREE

Form 1187

Request and Authorization for Voluntary Allotment of
Compensation for Payment of Employee Organization Dues
*Fill Out Form and Send to UPMA National Office at the
Address Below for Processing*

Section A: New Members Complete All Applicable Sections

USPS EIN (8 digits)		Date of Birth	
Personal Cell Phone #		Gender (Check One)	Male ☐ Female ☐ Other ☐
First Name (Form 50)			
Last Name (Form 50)		Suffix (If applicable check one)	Jr. ☐ Sr. ☐ II ☐ III ☐
Other Preferred Name (If applicable)			
Home Street Address			
City		State	
		ZIP Code	
Personal E-Mail Address (not @usps.gov)			
Form 50 Pay Level		Form 50 Finance Number	-

Section B: From your current PS Form 50 (Check One):

- | | | | |
|-------------------------------------|----------------------------------|--|------------------------------------|
| ☐ Postmaster | ☐ Manager | ☐ Supervisor | ☐ Other EAS |
| ☐ PCES | ☐ 204B | ☐ Associate (Craft) | ☐ PMR |

Mail completed form to: **United Postmasters and Managers of America (UPMA)**
8 Herbert Street
Alexandria, Virginia 22305-2600

Visit the UPMA website unitedpma.org for membership benefit information.

Section C: Authorization by Employee

I hereby authorize the above-named agency to deduct from my pay each pay period the amount certified above as the regular dues the (UN-P) United Postmasters and Managers of America (UPMA) and to remit such amounts to that employee organization in accordance with its arrangements with my employing agency. I further authorize any change in the amount to be deducted that is certified by the above-named employee organization as a uniform change in its dues structure. I understand that this authorization is a pay periods deduction. It will become effective the first pay period, following its receipt in the employee organization's headquarters office: UPMA, 8 Herbert Street, Alexandria, VA 22305-2600. I further understand that revocation forms Standard Form No. 1188, "Revocation of Voluntary Authorization for Allotment of Compensation for Payment of Employee Organization Dues" are available from my employing agency and that I may revoke this authorization at any time by filling such a revocation form or other written revocation request by "Certified Mail" directly to the employee organization's headquarters office: UPMA, 8 Herbert Street, Alexandria, VA 22305- 2600. Such revocation will not be effective, however, until the first full pay period following March 1 or Sept. 1 of any calendar year, whichever date first occurs after the revocation is received in the employee organization's headquarters office.

Check this box to signify you've read and understood the terms in Section C of this form

New Member's Signature: _____

Date:

Who most influenced your decision to join UPMA?

Person's Name:

Revised 6/18/25 EAH





Lea Becker
Supervisor
Saratoga Springs
12866
29 Alden St.



VP/Education
O:518-584-1545
C: 518-330-1976
leanacolebecker@gmail.com

The Daily Checklist

Every New Postmaster Needs

Walking into your first Postmaster role can feel like stepping into a running operation with no pause button. Mail is moving, employees are working, and expectations are already set. The biggest challenge early on isn't ability—it's knowing what to focus on first.

The answer is simple: build and use a daily checklist.

Control the Day Early

Your checklist should be structured from morning to afternoon, with your most time-sensitive tasks at the top.

Start your day with:

- Political AM, POOM Surveys
- DCV, DOIS, MYPO
- COARS Labels, PCI
- CPC -EOR, DMOS SPMS,
- C360, CSAW, SOD CPMS
- OT Admin

Getting these done early sets the tone and keeps your office aligned with district expectations.

Run the Operation—Don't Let It Run You

Once your morning requirements are complete, shift your focus to the floor.

- Monitor operations
- Stay visible with carriers and clerks
- Address staffing gaps and service issues
- Keep the workflow moving

This is where leadership matters. A checklist keeps you from getting buried in reports and reminds you to stay engaged with your team.

Finish Strong

Your afternoon is about accountability and closing out the day cleanly.

- Eagle Clean, Political PM
- CPMS, OT Admin
- RMSS, RIMS
- EOD reporting
- PM POOM Survey

Make sure everything is completed, verified, and ready for the next day.

Make It Your Own

No two Post Offices run the same. Some Postmasters use daily checklists, others break them down by specific times.

The key is consistency:

- Keep it written (not in your head)
- Keep it visible
- Adjust it to fit your office

Using Excel is one of the easiest ways to build and manage your checklist. Keep it simple, organized, and easy to update.

Bottom Line

You don't need to know everything on day one—but you do need structure.

A daily checklist gives you control, builds confidence, and keeps your operation on track.

Start simple.

Stay consistent.

Own your day.

“A daily checklist turns a reactive Postmaster into a proactive leader.”

2026 SCHOLARSHIP APPLICATION
sponsored by
UNITED POSTMASTERS AND MANAGERS OF AMERICA (UPMA)
SCHOLARSHIP FOUNDATION

Scholarships are awarded annually. The winners will be announced at the annual National Convention of UPMA. The applicants who are not selected to receive a scholarship will not be notified.

QUALIFICATIONS:

1. Applicants must be the child, stepchild, grandchild, or great-grandchild of a member of UPMA.
2. Applicants must be a high school graduate and/or a current post-secondary student enrolled in a program of no more than four (4) years, and seeking admission to an accredited college, university or trade school. Current students may reapply each year that they continue to meet eligibility requirements.
3. Applicants must have a 2.5 grade point average (GPA) overall.

APPLICATION PROCESS:

Required items to be submitted (do not staple):

1. Application
2. Acceptance Letter – first year or transfer students
3. Transcript from school – mid-term or end of year
4. Narrative

The above items must be

POSTMARKED or EMAILED by WEDNESDAY, JUNE 3, 2026

(you must take to the
Post Office counter to
obtain a postmark)

to:

**UPMA Scholarship Foundation
c/o Sharon Janicek
747 Main St
Sealy, TX 77474**

UPMAScholarship@gmail.com

Go to:
unitedpma.org
Resources
UPMA Scholarship
Foundation
for more
info

Page 2 of 3

Page 3 of 3

1. APPLICATION:

Print legibly using **ONLY** blue or black ink

APPLICANT INFORMATION:

Name: _____
Address: _____
City: _____ State: _____ Zip: _____
Email: _____ Phone: _____

Name and address of the relative who is a UPMA member that is your sponsor:

Name: _____
Address: _____
City: _____ State: _____ Zip: _____

UPMA member's relationship to you: _____

UPMA member's state in which they are a member, if different from address: _____

School you plan to attend:

Name: _____
City: _____ State: _____

Have you received this scholarship before? _____ List the year/years? _____

2. ACCEPTANCE LETTER:

**FIRST YEAR STUDENTS and/or
TRANSFER STUDENTS:**

Have you applied for admission? _____
Have you been accepted? _____

3. TRANSCRIPT:

Attach your most current transcript from school (mid-term or end-of-term)

School: _____ City: _____ State: _____

4. NARRATIVE:

Write a narrative that is less than 500 words describing each of the following.
You must address each of the eight (8) items.

1. Awards
2. Community service
3. School activities, positions or offices
4. Paid and/or volunteer jobs
5. Future plans
6. Personal or financial need
7. Scholarships or grants received
8. Include any other relevant information to be considered

Signature _____

Date of Application _____

DO NOT WRITE BELOW THIS LINE

Postmark date _____ Date Received _____

Items Received:

1. Application _____
2. Acceptance Letter (if required) _____
3. School Transcript _____
4. Narrative _____

Verified by Chairman (print name) _____

Is the application ready for committee review? Yes _____ No _____

If yes, forward to review committee.

If no, list reason(s) for rejection _____

continued on next page

2026 Atlantic Conference

September 17-20, 2026

Philadelphia, PA

Name: _____

Title: _____

Address: _____

State/Zip: _____

Email: _____

Phone: _____

Hilton at Penns Landing

201 S. Christopher Columbus Blvd.

Philadelphia, PA 19106

Room Rate is \$218.00 a night

****Registration timeline****

Now until October 31st, 2025 - \$200.00

From November 1st 2025 - August 21st 2026 - \$225.00

****Send Registration to: LeAnn Hoch 4345 Clover Hollow Road Statington PA 18080****



Matthew Tracy
PM Lafayette 13080
3641 McGraw-
Marathon Rd.
McGraw, NY 13101



3rd District Coordinator
O: 315-677-3642
C: 607-345-5900
matracy13@gmail.com

WHY I HAVE CHOSEN TO CANCEL MY MEMBERSHIP IN NAPS

I know that there are many people out there that have chosen to be members of both NAPS and UPMA. And like me, I am sure their reasoning went along the lines of why not be a member of both organizations as added protections for our job benefits and security. UPMA President Leonardi made his case early in his term to NAPS President Butts that he was wanting to work with him and NAPS for the betterment of all EAS and was not interested in bashing each other's organizations. But I think that with the recent actions of NAPS that it has become clear that they have no intentions of working with UPMA.

I am of the same mindset as President Leonardi on this subject, but I am no longer willing to give my money to an organization that is openly hostile to the organization that I have chosen to be active in. And because of that I will be canceling my membership with NAPS. And if you are of the same mindset here are the directions to do that:

Active dues-withholding NAPS members must submit the PS Form 1188 to USPS HRSSC (Human Resources & Shared Services Center) in order to cancel their membership and stop automatic dues payroll deductions. The form may be submitted at any time, however the cancellation will not be processed until the first full pay period following either March 1st or September 1st, whichever month most closely follows receipt of the PS Form 1188 at the USPS Shared Services Center in Greensboro. The PS Form 1188 asks for the member's NAPS anniversary date. However, this information is not necessary in order to process the cancellation and the field may be left blank. (The anniversary date is the day the employee originally signed their USPS PS Form 1187 to join NAPS) The member's NAPS anniversary has no bearing on when their PS Form 1188 is processed by HRSSC.

The original PS Form 1188 is to be sent to: USPS/
HRSSC-Union Dues

P.O Box 970400
Greensboro, NC. 27497-0400

Or by fax to 1-202-268-0353

Additional information may be obtained by calling
HRSSC at 1-877-477-3273 Option 5

Also send Copy 3 of the 1188 via certified mail to:

National Assoc of Postal Supervisors
1727 King St. Ste. 400
Alexandria, VA 22314-2753

If anyone is interested in reading more please refer to NAPS Newsbreak dated March 5, 2026 on the NAPS website at naps.org and the open letter from UPMA President Tony Leonardi to National Association of Postal Supervisors President Ivan Butts at unitedpma.org. Please decide for yourself if you can continue to be a supporter of both organizations.

I would be very interested in knowing how many members NAPS would lose if everyone who has memberships in both organizations cancelled their NAPS membership.

I look forward to seeing everyone in Alexandria Bay at the State Convention in June!!

NY UPMA State Convention
Riveredge Resort, Alexandria Bay
June 11 - 14th
See you there!!!!



Keith Miner
PMRetired
Hurley12443
101 Highwood Rd.



NY UPMA Retiree President
National Veterans' Rep. UPMAR
H: 845-246-3489
C: 845-706-9894
kminer@hvc.rr.com

Tunnels to Towers (T2T)

Hello once again. I am honored once again to be chosen as the National Veterans Representative for UPMAR. I would like to thank President Louise Nix for entrusting me with this wonderful responsibility. I would also like to thank Eva Finley, our national editor, and Steve Vanderhoof, our past National Veterans Rep, for all of their guidance and assistance in our endeavors.

It hardly seems possible that this year marks the 25th anniversary of 9/11 and the terrible losses on that day. With this commemoration in mind, the National Board has once again selected Tunnels to Towers (T2T) to be the recipient of our fundraising efforts. I'm sure most of you are very familiar with T2T. For those who are not, this charitable foundation was formed by the family of Steven Siller, an FDNY firefighter who was killed on 9/11. Simply put, the mission of T2T is to provide mortgage free homes to the families of fallen military service members and first responders. They are also building rent free homes for homeless veterans and upfitting living situations for military members and first responders who become disabled in the line of duty. To fully become informed on this great organization, I would direct you to their website at t2t.org.

I am asking for your support in the form of a donation to Tunnels to Towers. There are four ways to contribute. First, there is a QR code available on the national website and in this issue. Scanning this will take you directly to the link which will give UPMAR credit for your donation in an accumulating fund. Next you can use the link dogood.t2t.org/UPMAVeteransProject2026 which will also take you directly to the website for a donation to the

UPMAR fund. You can also mail a check directly to our National Treasurer Anita Pfeifer, 20576 Kearney Path, Lakeville, MN 55044. Finally, there will be a collection point at both state and national conventions for cash donations that I will personally be overseeing.

I would like to thank you in advance for supporting this important project in honor of our veterans. Our UPMAR/UPMA donations are designated to support T2T's veteran effort in recognition of our veterans. Our national goal in this effort is \$20,000 or more so every donation counts. One quick note- if you have set up a recurring donation in the past and wish to support this year's efforts, **YOU MUST CANCEL YOUR RECURRING DONATION AND THEN RESTART IT USING THIS YEAR'S LINK.** That way, this year's fundraiser will receive credit. It is actually very simple to do this (Yes even I was able to do it!!!). Simply call 718-987-1931 and they can cancel your previous donation and restart your new one.

On behalf of Eva, Steve, Louise and myself, thank you for honoring our veterans by making a donation in our national campaign to T2T. If you have any questions about this veteran's project please do not hesitate to contact me at kminer@hvc.rr.com or 845-706-9894. May God continue to bless our veterans!



Just scan to
link directly
to the T2T
UPMA
Veterans
Project



Michael Silvestri
7 Queens St.
Huntington, NY
11743-3724



H: 631-271-3980
C: 631-241-1430
silvestri45@msn.com

The Downstate Perspective

Thank you UPMAR members for the great turnout at the Legislative Summit. As all can see (by the photos submitted) we were very busy on Capitol Hill Tuesday March 17th, Saint Patrick's Day. We had many scheduled appointments. What was even more impressive was that many appointments were not only hosted by the aides but by our Congressional representatives as well. This happens because of our work at home when the representatives are at in their district offices. We also boost our relationship with our congressional leaders by requesting PAC funds and take the time to be present at our representative's fund raising events. This is the value of our retired members because we have the time to spend at the local district office. Also, retired members are not subject to The Hatch Act. As of the writing of this article the National website has not been updated on the most recent bills that effect the Postal Service, Postal employees and Postal retirees. I am sure by the time you receive the ESP the website will be updated. In addition to visiting the representatives in their offices, we had the opportunity to meet with them again at an evening reception just down the block from the Capitol. One more important thing that happened on the day we were on Capitol Hill was that the Postmaster General was addressing Congress. This was the best Legislative Summit that I have attended. I have been making the trip to DC since 1995. Vice President Rachel Barber-Forrest did an outstanding job. She worked on securing appointments and assigning who would be visiting which representatives. Rachel made sure we stopped by the representative's offices where we did not have an appointment. All the NY representatives were given our position papers and a UPMA challenge coin. Thank you, Rachel, for a job well done.

If you are interested in any issues in Congress that effect you, please feel free to contact myself or Dave Cook. We will be happy to supply you with issues you can present to your representative, in person or by email.

As most of you are aware the annual UPMA NYS Chapter Convention will be on June 11 thru June 14 at the Riveredge Resort, 17 Holland St, Alexandria Bay, NY 13607.

315-482-9917. enjoyus@riveredge.com The room rate is \$134.00 per night + tax. Full registration \$75.00 Actives & Guests, \$56.25 Retiree's & Guests

One day registration Retiree's \$37.50 All others \$50.00

Registration includes : Thursday - Welcome Reception with cash bar & hors d'oeuvres 5:30-7:00, 2 Breakfasts and 2 Lunches - Friday and Saturday and Saturday Night Banquet. If not attending Banquet please notify Cathy Winnie or Donna Jenness. Convention meetings are June 12th and 13th 8am-5pm. INCENTIVES: Reimbursement of \$300.00 per person if they stay at the Riveredge Resort and attend the sessions. If you are rooming with someone, each of you provide a copy of the receipt with whoever gets paid for the total of the three nights. Hope to have the opportunity to visit with you in Alexandria Bay. May God Bless you and your family.





Keith Miner
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Saugerties, NY 12477



NY UPMA
Retiree President
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kminer@hvc.rr.com

Greetings once again to all of my UPMA and UPMAR family and friends. I trust this message finds all in good health and good cheer.

We just concluded a great Legislative Summit in Washington DC from March 15-17, 2026. I would like to commend Dave Cook, Mike Silvestri, Rachel Barber-Forrest and Dan Leonard for doing an excellent job in keeping us informed, setting up schedules and meetings and otherwise ensuring success. We had 16 members attend with a fabulous showing of 11 retirees. We all had an opportunity to brief our elected officials or their staff member on matters of importance to UPMA. Among the issues briefed were our strong opposition to efforts to privatize the USPS, Federal Fairness Retirement Act HR 1522 which would allow all employees to buy back non-career time for retirement, Title 39 Reform HR7600 which would extend MSPB protections to all EAS employees, require binding salary arbitration and interim pay protection, and HR7361 No Tax on Restored Benefits Bill which would assist those who received funds as a result of last year's HR82 to recover the "torpedo tax" that took a large chunk of repaid benefits back in taxes. I know that the staffer I met in Congressman Pat Ryan's office was very receptive to our concerns and supportive of the USPS and UPMA/UPMAR. We also had a chance during our information session to hear from PMG David Steiner. My take from his speech and the follow up Q&A session was that he has concerns but is hopeful that reforms and initiatives will strengthen the USPS. His core message was that "If an institution is viable, then improvement is possible." Three main goals were 1. Modernize Borrowing Limit from \$15Bil to \$30Bil to improve cash flow; 2. Authorize Changes in Retirement Investment- currently USPS can only invest in T-Bills. If USPS could

do a 40/60% split between T=Bills and the stock market, there could potentially be an increase of \$800Bil over ten years; and 3. Mandate that all Federal Government entities use USPS, not FedEx, USPS, etc. All in all, I believe that Legislative was very informative and productive.

Now on to our State Convention!!! Once again, we will gather in Alexandria Bay June 11-14, 2026. Among the business items are the election/re-election of our Secretary/Treasurer position, our always famous Retiree Auction to benefit our scholarships, and our memorial service. The theme for this year is pirates!!! Please ensure that you get your registration in as soon as possible so that we can accurately plan for attendance.

As always, I am extremely grateful for a great group of members that support me and our organization. Thank you for all you do. I look forward to seeing everyone in Alexandria Bay. Until we meet again, may God bless you one and all and thank you to all of our veterans.





FORM 1187-R

Request and Authorization for Voluntary Allotment of
Compensation for Payment of Employee Organization Dues

Please complete and mail to:

UPMA National Office
8 Herbert St.
Alexandria, VA 22305-2600
(703) 683-9027

*OPM assigns the CSA number to all Civil Service and FERS annuitants and/or surviving spouse

Social Security Number

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My Annuity Number is:

				-									
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CSA

Name of Retired Employee (PRINT Last Name, First, Middle)		Date of Birth	
Street and Number/PO Box		City	State ZIP+4
Month/Year Retired	Home or Cell Number ()	Gender Male _____ Female _____	Chapter
Email Address		Sponsored by:	

Note: If not receiving an annuity contact National Office for information on membership.

SECTION A – Authorization

The United States Office of Personnel Management is authorized to make an appropriate deduction from my annuity payments, not to exceed the amount certified by the **United Postmasters and Managers of America (UPMA)** as the amount of dues for which I am obligated, and to pay the deducted sum to **UPMA**. This authorization shall apply to any and all dues changes certified by **UPMA**. This authorization shall be valid until **UPMA** receives and processes my written notice of cancellation in accordance with its agreement with the United States Office of Personnel Management. Any disputes regarding this allotment authorization shall be a matter between **UPMA** and me; I hold the United States Office of Personnel Management harmless for any erroneous deductions made pursuant to this authorization.

I also request the United States Office of Personnel Management to disclose any information necessary to execute this request.

Signature	Date:
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**UPMA
PAC**
for
Postmasters
and Managers

Member
Voluntary
Contribution

Please send to:

Jennifer Hayes

153 Firehouse Rd.

Wurtsboro, NY 12790

Thank you for returning this form with your contribution.

Date: ____ / ____ / ____

I'll do my share! Enclosed is: ____ \$25 ____ \$50 ____ \$100 ____ \$200 Other: \$ ____

Name (please PRINT)

Home Address:

Street Address/PO Box

City

State

Zip Code

My contribution is by (check one): ☐ Check ☐ Money Order ☐ Signature FCU Visa Credit Card

Please charge my contribution to the following 16-digit Signature FCU Visa Account Number:

CVV#

Exp. Date:

Signature (required for credit card charges)

Office use: ____ Pin Received ____ Active Postmaster ____ Retired ____ Associate State to credit ____

PAC for Postmasters and Managers will neither favor nor disadvantage anyone based on the amount of a contribution or the failure to make a voluntary contribution to this non-partisan political action fund.



David Cook
29 Glenwood Rd.
Glen Head, NY
11545-1313



National UPMA Retiree
Legislative Chair
H: 516-676-2843
C: 516-322-1328

Legislative Summit Was Awesome!!

We have just returned from the UPMA Legislative Summit in Washington, DC. I want to thank everyone who attended and made this one of the greatest Legislative Summit's of all time.

Special thanks to our Government Relations Team:
Chris McCannell, Brian McLaughlin, and Joel Reithmiller.



Present By-Law / Article IV – Election of Officers

Section 3: The election of officers shall be conducted at the annual Chapter Convention. Candidates to be elected to respective offices must be present when their name is placed in nomination. Members in good standing who are registered for the annual Chapter Convention and present when ballots are cast are eligible to vote in Chapter officer elections. Elections shall be by majority vote cast by ballot. In the event that no majority is reached, the two (2) candidates with the most votes will compete in a run-off election. Where no contests exist, election may be by acclamation.

UPMAR

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Proposed Change / Article IV - Election of Officers

Section 3: The election of officers shall be conducted at the annual Chapter Convention. Candidates to be elected to respective offices must be present when their name is placed in nomination. Any exception to this rule must have had an announcement published in the ESUPMA or a letter to the President emailed or hand delivered by them as their intent to run prior to the start of the Convention. Members in good standing who are registered for the annual Chapter Convention and present when ballots are cast are eligible to vote in Chapter officer elections. Elections shall be by majority vote cast by ballot. In the event that no majority is reached, the two (2) candidates with the most votes will compete in a run-off election. Where no contests exist, election may be by acclamation.

Two new bills in the House

H.R. 1560- Postal Supervisor and Managers Fairness Act of 2025- Sponsor, Walkinshaw (D-VA)

Text in part states:

(2) Not later than 60 days after the date an agreement is reached on a collective bargaining agreement between the Postal Service and a bargaining representative recognized under section 1203 that affects any matter (including the supervisory differential) concerning supervisor and manager pay policies and schedules and fringe benefit programs, the Postal Service shall provide a written proposal regarding the matters so affected to the supervisors' organization for any changes in pay policies and schedules and fringe benefit programs covering members of the supervisors' organization.

H.R.7600 - Postal Supervisors, Managers, and Postmasters Fairness Act of 2026-Sponsor, Walkinshaw (D-VA)

Text in part states:

“(2) Not later than 60 days after the date an agreement is reached on a collective bargaining agreement between the Postal Service and a bargaining representative recognized under section 1203 of this title that affects any matter (including the supervisory differential) concerning supervisor, manager, and postmaster pay policies and schedules and fringe benefit programs, the Postal Service shall provide a written proposal regarding the matters so affected to the supervisors' organization and the postmasters' organization for any changes in pay policies and schedules and fringe benefit programs covering members represented by the supervisors' organization and the postmasters' organization .

UPMA Legislative Zoom meeting is held the second Tuesday of each month at 8:30pm EST

Log in at <https://zoom.us/j/96098101224?pwd=tsG89AjbFWAy24aGOmbUvjH4h3pkyS.1&from=addon>

Meeting ID: 992 6635 3615 Passcode: 481741



Liz Forsell
Retired PM
Long Lake 12847



NYUPMAR VP
C:315-369-5053
lizzie13436@hotmail.com

State Convention

Alexandria Bay, NY

ARRR You Thinking Auction????

This year's State Convention Auction theme will be pirates. We will be in Alex Bay so it should make for a good time. There will be prizes for best costumes this year. It's also time to start collecting new and gently used items to donate to the Auction. All the money raised goes to the scholarship funds. I'm looking forward to seeing everyone and seeing what treasures appear. Be sure to keep the Auction in mind as you sort through your collections and do your spring cleaning. Thanks, in advance. It's guaranteed you'll have a good time.





Marti Miller
Retired PM Panama 14767
37 South St., Panama 14767



NY UPMAR Exec-VP
H: 716-782-3509
C: 716-450-2864
ma-miller@stny.rr.com

Well, another Legislative trip has ended. I was so grateful that the weather turned out to be so good. There have been years when the proverbial "St. Patrick's Day" storm has made travel difficult. (Well, at least getting there.) I know that Dave and Michael will be covering the various legislative bills, so I'll tell you about the other things.

My group met with an aide in all the offices visited. We went to the offices of several NY Representatives. We also visited the offices of both of our NY Senators, Kirsten Gillibrand and Chuck Schumer. We left information on our position on the various bills. We had a pleasant surprise when we were talking to an aide from Congressman Nick Langworthy's. The aide told us we had to meet in a quiet place in the hallway as the office space was tied up with other people. While we were talking, Nick Langworthy approached us. We spoke for a bit. Before he left, he handed each of us a medallion/coin. It had his name, office, and the area he represents. Such a pleasant surprise!

I will miss the State Convention this year. The convention happens during my trip to Poland. I am seeking help to do the Memorial service. Eva and Deana have both said they will help. I am working on the readings and am

looking for help to present the service. We will need singers, as always. We need help to come up with the list of those we have lost since the last Convention. We need help to set things up and someone to lead the group. Please help!! Keith will procure the flowers, and I asked him to bring vases because I don't want to ship mine. They are lead crystal and between weight and value I can't risk it. Please let me know what you can do. ma-miller@stny.rr.com is my address.

I have only missed one other convention since I was an OIC. That was because the doctor wouldn't clear me. Poland might be the last chance I have to visit. Our priest who arranges our trips has retired and moved back to Poland. I know I will have a great time and I hope everyone has a beneficial Convention experience!

UPMA 10TH ANNUAL

**NATIONAL
CONVENTION**

AUGUST 1-7, 2026 • PUERTO RICO

Registration and hotel information at
unitedpma.org/upma-10th-national-convention

Attention All Members

District Meetings

TBD

New York State Convention

June 11 - 14, 2026

Riveredge Resort Alexandria Bay, NY

(315) 482-9917

Group Code: NY UPMA State Convention

Room rates: Single or Double-\$134.00 + tax/night

Deadline is May 11th for special rate

10th National Convention

August 1 - 7, 2026

El Conquistador Resort

Fajardo, Puerto Rico

Atlantiic Conference

September 17 -20, 2026

Hilton at Penn's Landing

Philadelphia, PA

**Scan to join the
UPMA Retired FB Page
or
search UPMA Retired
to join.**



www.unitedpma.org
www.nyunitedpma.org
[www.facebook.com/groups nyupma](https://www.facebook.com/groups/nyupma)



Deadline for
July/August/September
NYS ESP issue is
June 20th by 5 pm

